



2011 BEDFORD FARMERS' MARKET NEWSLETTER

www.Bedfordmarket.org

Mondays 12:30 – 5:30

June 13 - October 17

Volume 4 Issue 15

MONDAY IS MARKET DAY

September 16, 2011



SPECIAL VEGETABLE TREAT:

Pastor Blacksmith is bringing a bumper crop of edamame. We're preparing it in two different ways for you to try, so come by the table and have a sample—it's delicious and highly nutritious.



FOR KIDS: Gourd and pumpkin decorating. We'll have everything you need to make your gourd or pumpkin look fabulous.

LUNCH: Pick up a sandwich or salad from **Great Harvest Bread** and relax in our Market Café!



"SPECIAL" VENDORS (9/19):

T.J.'s Tea: Ginger, mint and the original custom tea blends.

Smiling Sauce Company: Fresh, healthy sauces and marinades that make cooking fun and easy and enhance meals with interesting and different flavors.

WELCOME NEW VENDOR: Carriage House Cafe with their Italian and American pastries, including cannolis filled to order. They will be at the market selling their sweets on 9/19, 9/26 and 10/3.

EDUCATIONAL EVENT: Filmmaker Kristin Canty will be at the market to discuss her film, *Farmageddon--The War on American Family Farms*. Her quest to find healthy food for her four children turned into an educational journey to discover why access to these foods was being threatened.



Community Booth: Davis and Lane School Vegetable Gardens. Learn about what has been growing in the vegetable gardens at Bedford's elementary schools!

Artisan of the Week: Shayna Loeffler returns with her hand made handbags from "repurposed" materials such as upholstery and leather

Entertainment: Mike Santoro brings easy listening music for your enjoyment.



FRUITS AND VEGETABLES EXPECTED THIS WEEK:

Pumpkins, apples, peaches, pears, tomatoes, corn, eggplant, garlic, onions, potatoes, apples, lettuce, bok choy, Russian kale, arugula, beets, summer squash, zucchini, patty pan squash, green beans, assorted cucumbers, chard, rhubarb, scallions, green peppers, assorted hot peppers, assorted herbs and flowers.



UPCOMING MARKET DAY EVENTS:

Sept 26, Taste of the Market, sponsored by Brookline Bank, presents "Celebrating Apples" with Chefs and Owners Dana and Robert Strayton from Bedford's Carriage House Cafe

Oct 10, BFM'S Best Baked Pie Contest, sponsored by Brookline Bank.. Rules and Application Form at the Managers' Table and at www.bedfordmarket.org